

# Sacred Heart Catholic Church

3900 Arthur Drive, P. O. Box 10, Delta, B.C. V4K 3N5

Telephone: 604-946-4522

Email: [sacredheartparish@shsdelta.org](mailto:sacredheartparish@shsdelta.org)

Facebook: Sacred Heart Delta

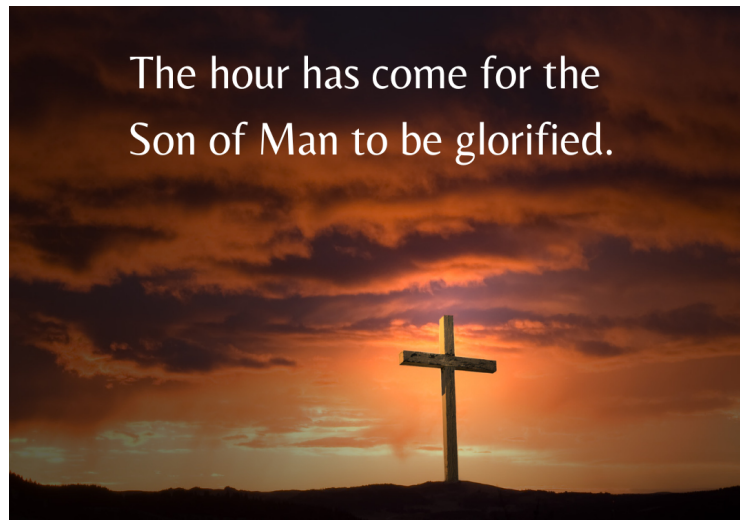
**Roman Catholic Archdiocese of Vancouver**

604-683-0281 Website: <https://rcav.org/>

**Augustinian Friars in the Parish:**

Fr. Francis Galvan, OSA – Pastor

Fr. Michael Martell, OSA



The hour has come for the  
Son of Man to be glorified.

**Daily Mass in the Chapel**  
Monday to Saturday at 9:00am

**Sunday Mass Schedule (Church)**  
Saturday (Anticipated) at 5pm  
Sunday at 9am and 11am and 5pm

**Chapel open Mon-Sat for private prayer**  
(Closed Sunday and holidays)  
Mon- Fri 8am to 4:30pm - Saturday 8am – 3pm

**Spanish Mass**  
First Saturday of the Month at 7:30pm (Church)

**Confession**  
Saturday 10am-11am (Chapel)

**Parish Office Hours**  
Monday to Friday 9am to 4pm.  
Closed on all statutory holidays.  
Closed for lunch from 12-12:30

**Baptisms**  
Last Sunday of the month. Please contact the parish office to register and for information.

**Marriages**  
Couples should contact the parish office at least six months in advance of their date.

**Funerals**  
Please call the parish office to inquire about the processes for arrangements.

Sunday. March 17<sup>th</sup>, 2024

5<sup>th</sup> Sunday of Lent

Whoever serves me must follow me, and where I am, there will my servant be also.

John 12.20-33

**Sunday Reflection:** Choose the path of surrender in service to the Lord. We want to serve and follow the Lord, but we also want to enjoy our lives and ensure that our children and grandchildren have a good life. In today's Gospel, Jesus challenges us to choose the Lord first, and the Father will honor whoever serves him. Choosing the path of surrender in service to him glorifies God and allows us to produce much fruit, including care for our own families. **LITURGY OF THE WORD** Jeremiah prophesies the Lord will one day establish a new covenant with his people whereby he will write his law upon their hearts. The author of Hebrews says that Jesus' prayers and supplications were heard because of his reverence. In the Gospel, Jesus tells his disciples that the time for him to fulfill his purpose is upon him. *Faith Catholic.*

## Parish Contacts

Doug Lynes	Financial Manager	604-940-0583
Anna Melara	Parish Bookkeeper	604-946-4522
Sean Doolan	Maintenance	<a href="mailto:sdoolan@shsdelta.org">sdoolan@shsdelta.org</a>
Erin Seddon	PREP	604-946-2618
Kelly Kozack	School Principal	604-946-2611
Mylene Lock	Preschool	604-946-4525

*Sacred Heart Parish acknowledges that the land on which we gather is the traditional territories of the sc̓w̓aḥ̓an (Tsawwassen) and x̓m̓əḥ̓k̓'əḥ̓əm (Musqueam) First Nations and speakers of the hən̓q̓əmin̓əm' (Hun'qumi'num) language who have been stewards of this land since time immemorial.*

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**A WARM WELCOME** to all new parishioners, visitors and the faithful to our Parish Community! We invite new parishioners to register with our parish. Please register online at our website: [www.sacredheartparish.ca](http://www.sacredheartparish.ca) or find a registration form at the back of the church. If you have moved, have a new phone number or email address please let us know by contacting the parish office. Thank you.

## Happy Saint Patrick's Day

### Prayer for the Faithful by Saint Patrick

May the Strength of God guide us.  
May the Power of God preserve us.  
May the Wisdom of God instruct us.  
May the Hand of God protect us.  
May the Way of God direct us.  
May the Shield of God defend us.  
May the Angels of God guard us.  
- Against the snares of the evil one.

May Christ be with us!  
May Christ be before us!  
May Christ be in us,  
Christ be over all!

May Thy Grace, Lord,  
Always be ours,  
This day, O Lord, and forevermore. Amen.

**Death: Patricia Anne Spetifore** – Patricia, a former parishioner of Sacred Heart passed away Saturday, March 16<sup>th</sup> in Kelowna. Her Funeral Mass will be celebrated on Tuesday, March 19<sup>th</sup> at 10am in our Church. We offer our deepest sympathy to her children and entire family and prayer for Patricia's eternal rest in heaven. A Prayer Vigil will be held on Monday, March 18<sup>th</sup> at 7pm in our Church.

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### Lenten Reconciliation at Sacred Heart - in our Chapel

**Tuesday, March 19th 4-5pm**

**Friday, March 22nd 6-7pm**

**Every Saturday from  
10am to 11am  
(No Confession on Holy Saturday)**



## Pancake Breakfast This Sunday



Join us for a  
**Pancake Breakfast**  
Sunday, March 17th



Following the  
9am and 11am Masses

By donation and  
cash only please.  
In our parish hall.



Hosted by our Knights of Columbus



**This Sunday-Second Collection: Share Lent** This Lent, Development and Peace—Caritas Canada, the official international solidarity organization of the Catholic Church in Canada, invites you to stand with small-scale farmers and peasant communities through their *Create Hope: Reaping our Rights* campaign. Your generosity will help support over 73 projects in 36 countries around the world, helping address the root causes of poverty, oppression, and inequality. On Solidarity Sunday, March 17, the Fifth Sunday of Lent, please consider making a tax-deductible donation in person at the parish or online at [rcav.org/share-lent](http://rcav.org/share-lent).

Thursday, March 21st

5<sup>th</sup> Sunday of Lent - What is the reason for the veiling of crosses and images? The veiling of crosses and images is a sort of "fasting" from sacred depictions which represent the paschal glory of our salvation. Just as the Lenten fast concludes with the Paschal feast, so too, our fasting from the cross culminates in an adoration of the holy wood on which the sacrifice of Calvary was offered for our sins. Likewise, a fasting from the glorious images of the mysteries of faith and the saints in glory, culminates on the Easter night with a renewed appreciation of the glorious victory won by Christ, risen from the tomb to win for us eternal life.

All ladies are invited to join us for Craft Nights every Thursday. Come and join in the fun. Craft Room of the parish hall at 7pm. For more information please contact: [saintmonicaguild@shsdelta.org](mailto:saintmonicaguild@shsdelta.org)

Friday, March 22nd

Stations of the Cross – every Friday evening during Lent starting at 7pm in our Church. Everyone is welcome. No stations of the Cross on Good Friday.

Sunday, March 24<sup>th</sup> – Palm Sunday

Tuesday, March 19th

PREP (Parish Religious Education Program) There are no PREP classes this week or next during the public-school spring break. PREP classes will resume on Tuesday, April 2. Contact Erin at 604.946.2618 or [eseddon@shsdelta.org](mailto:eseddon@shsdelta.org)

On-line Bible Study Classes are held on Tuesdays. For more information, please contact Sue at [jsteevie@telus.net](mailto:jsteevie@telus.net)

Wednesday, 20th

The Grief Support Group will meet tonight in the Church at 7pm. For more information, please contact Irene at [faithdevelopment@shsdelta.org](mailto:faithdevelopment@shsdelta.org)

*- " A time of comfort and sharing, listening and prayer. A time for healing and keeping the good memories of life and love. A very special time of HOPE." comment from one of the participants*

Everyone is invited to join our **Mother of Perpetual Help Novena & Devotion group**. We will meet in the chapel at 6pm. For more information and the login, please contact: Melanie at: [devotionministry@shshdelta.org](mailto:devotionministry@shshdelta.org)



Mass Schedule

**Saturday, March 23rd**

**5pm**

**Sunday, March 24th**

**9am, 11am & 5pm**

Chrism Mass at the Holy Rosary Cathedral - Join Archbishop Miller and the priests of the Archdiocese on **Wednesday, March 27th at 5:00 pm at the Cathedral** for the blessing of the Holy Oils used in sacraments in the Archdiocese. Everyone is welcome to attend this Mass.



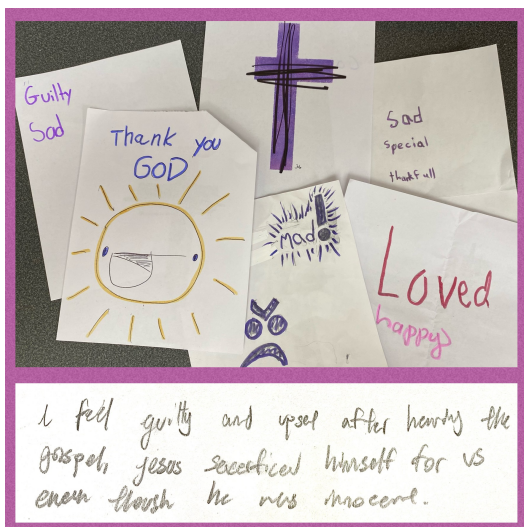
# Living Stations of the Cross

*presented by Sacred Heart Youth.*

Living Stations of the Cross will be presented by the youth & young adults of our parish at 10:30am on Good Friday, March 29th. Anyone aged 12 - 22 is invited to join in this year's cast. Our practices take place Wednesday, March 20 & Monday, March 25, from 6:30-8pm in the school gym. All interested youth, please contact Erin Seddon at 604-946-2618 or [eseddon@shsdelta.org](mailto:eseddon@shsdelta.org).



At PREP this week, we focused on Jesus' passion. Each class visited the church where the children prayed the stations of the cross. They also reflected on the gospel account of Jesus' death on the cross. (Lk 24:44-47) Guilty, Sad, Special, Thankful, Loved, Happy, Mad, were just some of the thoughts and emotions they shared. The bottom reflection reads, "I feel guilty and upset after hearing the gospel. Jesus sacrificed himself for us even though he was innocent." As we continue our Lenten Journey, may our walk with the Lord grow deeper day by day.



Save the date: [Tuesday, April 23rd](#) for an evening with Deacon Bruce Fraser- who is the Archdiocesan Safe Environment Coordinator. Deacon will be facilitating an In-person Safe Environment training session. This evening will be for all parish volunteers involved in any ministry who have not completed the online sessions or have questions for Deacon. More details to follow soon!

**PRO-LIFE MINISTRY:** Fr. Mark McGukin, Pastor of St. Francis de Sales Parish will come to encourage us in our Prayers for the life of the unborn and the vulnerable, at 2pm on March **24** at WILLOW ST. and 32nd Avenue. Everyone welcome. Bring your Rosary.

Our Hope for Life Group meets every second Sunday in the foyer of the Church following our 11am Mass. Everyone is welcome.

For more information, please contact Jim at [jrcanil@telus.net](mailto:jrcanil@telus.net).

## Days of Mercy 2024

Lent is a time to draw closer to God, to reflect on our lives, and to seek forgiveness and healing through the Sacrament of Confession. Many parishes are extending their arms wider, offering additional times for Confession so everyone has the chance to experience God's mercy during Lent. These special times are in addition to the regular confession schedules of each parish. Whether it's been a while since your last Confession or you frequent the sacrament regularly, know that Jesus is waiting for you with open arms. As Pope Francis once said: "God never tires of forgiving us; we are the ones who tire of seeking his mercy." Rediscover the joy and peace that comes from reconciliation with God and with one another. For special Lenten Confession times throughout the Archdiocese, please visit [rcav.org/confession](http://rcav.org/confession)

## Holy Week at Sacred Heart 2024

All are warmly welcomed to Holy Week at our parish! This week is the holiest week of the year for the Catholic Church. This week the Church commemorates Christ's death and burial. May we each encounter Jesus in the way that will allow us to grow in deeper union with him, closely connected to his love and his spirit of life in the resurrection. May each of you be blessed on your journey throughout the Holy Triduum.

**Fast and abstain on upcoming Holy Day** - The Church prescribes fasting (only one full meal and two smaller meals which together are not greater than a full meal) and abstinence from meat on Good Friday. Catholics aged 18-59 are bound to fast; those 14 and older to abstinence. Those who are ill are freed from these obligations.

### Parish Office Hours during Holy Week

The parish office will be open Monday, Tuesday and Wednesday. We will be closed Holy Thursday, Good Friday and Easter Monday. These are days of deep quiet and prayer. For pastoral emergencies outside of office hours please call the rectory and leave a message for one of our priests. Thank you.

#### **Holy Thursday, March 28 - Mass of the Lord's Supper**

**At 7pm**

**Followed by silent procession to the Chapel.**

**Private Adoration until 10pm**

#### **Good Friday, March 29- Solemn Liturgy**

**At 3pm**

**Church will remain open until 7pm for private prayer.**

#### **Holy Saturday, March 30 - Easter Vigil**

**At 9pm**

#### **Easter Sunday, March 31**

**Mass at 9am, 11am and 1pm**

*No 5pm Mass today*

***Please note that there is no morning Mass on Holy Thursday, Good Friday, or Holy Saturday***

**We will have all day Adoration and Benediction on Friday, April 5<sup>th</sup> in our Chapel.**



*"I will be their God and they shall be my people." - Jeremiah 31:33*

What does it mean to be God's people? It means we recognize that everything we have and everything we are belongs to God. We aren't "owners" of anything, we are merely "stewards" of the gifts God has given us. It means we are willing to use our gifts and our lives to care for our family, our neighbors and for people we don't know, just as God cares for each of us. Copyright © 2024 Archdiocese of St. Louis

### **With Christ in Sorrow: Ignatian Contemplation and Holy Hour**

*"Turn to Jesus Crucified and let him be both the basis and source of your contemplation." - Saint Jean de Brébeuf*

At the beginning of the Holy Week of the Lord's Passion, come and enter into the Paschal Mystery by praying with Scripture and meditating on the events that redeemed us and showed us the great and abounding love and example that Christ set for us. Hosted by the Jesuit Vocation Committee in Vancouver, our afternoon will be guided by Father Edmund Lo, and will include prayer time with Eucharistic Adoration.

On Palm Sunday, March 24, 4:30 p.m. to 6:00 pm. at St. Monica's Parish in Richmond. All men aged 19-39 are welcome! Learn more at [beholdvancouver.org/events](http://beholdvancouver.org/events).

## Weekend Getaway Marriage Conference

We are excited to partner with [FamilyLife Canada](#) to offer weekend getaways to married couples in our Archdiocese! The Weekend Getaway is a marriage conference uniquely designed to enrich your relationship. For most couples, it's a chance to reconnect, re-establish the foundation, and rekindle romance. For others, it's a fresh start. For some, it will be the weekend that saves a marriage. Wherever you're at in your relationship, this retreat is a weekend to remember. The next getaway is on the weekend of April 5-7, 2024 at the Penticton Lakeside Resort. The fee is usually \$299. Use promo code RCAVPEN to register for \$199. Accommodations at Penticton Lakeside Resort for conference participants should be booked separately. Rates may vary.

**Registration deadline: Wednesday, April 3.** For more information, please call Joyce at 604-683-0281 ext. 223 or visit [beholdvancouver.org/events](https://beholdvancouver.org/events).

## Pro-Life Mass and Prayer Vigil

One of the fundamental answers to abortion is prayer. Join your voice with ours as we pray on the first Saturday of each month for a new culture of life. Hosted by the Archdiocese of Vancouver, we will begin with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome! The next Mass and vigil takes place on April 6, 8:30 a.m. at Holy Trinity Parish in North Vancouver. Learn more at [beholdvancouver.org/events](https://beholdvancouver.org/events).

## Way of the Cross 2024

Walk the trails of Queen Elizabeth Park in Vancouver while meditating on the Passion of Christ with the Catholic faithful. Hosted by Communion and Liberation, it is a beautiful way to pray and worship together in a public space on Good Friday, March 29. Participants will meet at 10:00 a.m. at the fountain next to Bloedel Conservatory's parking area. Learn more via [beholdvancouver.org/events](https://beholdvancouver.org/events).

## Marriage Anniversary Mass 2024

*"Love isn't easy. No. But the most beautiful thing that a man and a woman can give each other is true love, for a lifetime."* - Pope Francis  
On Sunday, May 12, Archbishop Michael Miller, CSB will be honouring couples celebrating milestone marriage anniversaries: five-year increments from 5 to 60 years, and every year beyond 60 years. The Marriage Anniversary Mass will be at Our Lady of the Assumption Parish in Port Coquitlam at 1:30 p.m. Registrations received by Friday, April 19, will receive their certificate at the Mass. Learn more and register at [family.rcav.org/mam](https://family.rcav.org/mam).

## The Role of Mary in Salvation History

Father Emmerich Vogt, OP, will reflect on the role of Mary in salvation history. In that context, he will explore what the message of Our Lady of Fatima means for us Catholics today. He will consider what it means for the individual Catholic to belong to a Church which on earth is called "The Church Militant." Practically speaking, how does a Catholic fight against demonic evil? From Tuesday to Friday, March 19-22, 8:00 a.m. at Saints Peter and Paul Parish in Vancouver. The conference will be preceded by Mass, with time for coffee and crumpets. All are welcome to these Passiontide talks to prepare well for Easter. Learn more via [beholdvancouver.org/events](https://beholdvancouver.org/events).

## The Personal Call to Holiness and Divine Mercy

Everyone is welcome to come and attend the Lenten Mission at St. John the Apostle Parish in Vancouver, led by Rev. Martin Scott, SDM. The mission talks will be held from Monday to Wednesday, March 18-20, preceded by Mass at 6:30 p.m. There will be Confessions at 6:15 p.m. Padre Martín Scott, formally Rev. P. Ricardo Scott Chavanches, is the founder of the religious community called "Siervos de la Divina Misericordia" in Chosica, Peru. The charism of his religious community life is based on the messages concerning our Lord's infinite Divine Mercy given to Saint Maria Faustina Kowalska.



# Sacred Heart Parish Spring Fling Fundraiser



**Saturday, April 13th**  
**Dinner, dancing, prizes and more.**  
**~Doors open at 6pm~**

This parish adult only event is being hosted by our Saint Monica Guild.

Let's get together, both parish and school families for an evening of community building, fun and enjoyment!



**Tickets will be on sale  
this weekend at all Masses.**  
**\$50.00 per person -**  
**cash, cheque or e-transfer**

Contact: [saintmonicaguild@shsdelta.org](mailto:saintmonicaguild@shsdelta.org)



## **URGENT NEED - Our New Refugee Family will arrive soon!!**

The parish sponsorship of the family has finally come through.  
The young family of four, husband, wife and two children ages 10 and 2, will be arriving in Canada the last week of March.

**Do you know of a local two  
bedroom housing available for  
rent asap for this family?**

Please contact Ray Decloux cell 604-218-0048 if you have any leads.

Thank you!



## Divine Mercy Prayer Service

Saturday, April 6th  
in our Church

Time: 2:45-4:00pm

We invite everyone to gather in prayer as a parish, and to receive the extraordinary graces of the Divine Mercy.



# ***Holy Week at Sacred Heart Parish***

## **Palm Sunday Masses**

**Saturday, March 23rd at 5pm, Sunday, March 24th at 9am, 11am, 5pm**

**Holy Thursday, March 28th - Mass of the Lord's Supper at 7pm**

Followed by a silent procession to the Chapel- Private adoration until 10pm.

**Good Friday, March 29th - Solemn Liturgy at 3pm**

Our Church will remain open until 7pm for private prayer.

**Holy Saturday, March 30th - Easter Vigil at 9pm**

## **Easter Sunday Masses, March 31st**

**9am, 11am, 1pm**

