

Sacred Heart Catholic Church

3900 Arthur Drive, P. O. Box 10, Delta, B.C. V4K 3N5

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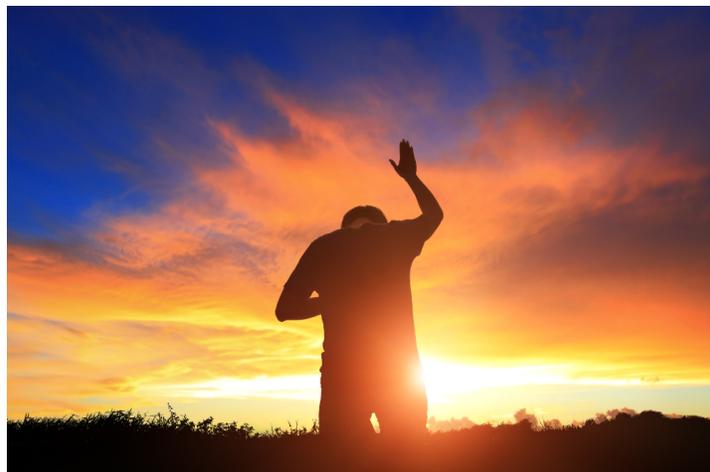
Roman Catholic Archdiocese of Vancouver

604-683-0281 Website: <https://rcav.org/>

Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor

Fr. Michael Martell, OSA



Sunday, February 18, 2024

1st Sunday of Lent

The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news. Mark 1.12-15

Daily Mass in the Chapel
Monday to Saturday at 9:00am

Sunday Mass Schedule (Church)
Saturday (Anticipated) at 5pm
Sunday at 9am and 11am and 5pm

Chapel open Mon-Sat for private prayer
(Closed Sunday and holidays)
Mon- Fri 8am to 4:30pm - Saturday 8am – 3pm

Spanish Mass
First Saturday of the Month at 7:30pm (Church)

Confession
Saturday 10am-11am (Chapel)

Parish Office Hours
Monday to Friday 9am to 4pm.
Closed on all statutory holidays.
Closed for lunch from 12-12:30

Baptisms
Last Sunday of the month. Please contact the parish office to register and for information.

Marriages
Couples should contact the parish office at least six months in advance of their date.

Funerals
Please call the parish office to inquire about the processes for arrangements.

Sunday Reflection: *Repent and believe in the gospel.* To repent means to feel regret and sorrow and to change, or "turn from" what is evil. Gospel is a word meaning "good news." To "repent and believe in the Gospel" is the twofold call of the Christian, which is brought into profound relief during the Lenten season. This time of prayer and preparation for Easter shows there is indeed cause for regret and sorrow, and a need for change. And yet, what we are turning toward as we turn from sin is always cause for joy and hope. **LITURGY OF THE WORD** In the first reading, God makes a covenant with Noah. In the second reading, Peter reflects on how the waters of the flood prefigured baptism. In the Gospel, Jesus is driven into the desert for 40 days before beginning to preach: *The kingdom of God is hand. Repent, and believe in the gospel.* **Faith Catholic.**

Parish Contacts

Doug Lynes	Financial Manager	604-940-0583
Anna Melara	Parish Bookkeeper	604-946-4522
Sean Doolan	Maintenance	sdoolan@shsdelta.org
Erin Seddon	PREP	604-946-2618
Kelly Kozack	School Principal	604-946-2611
Mylene Lock	Preschool	604-946-4525

A WARM WELCOME to all new parishioners, visitors and the faithful to our Parish Community! We invite new parishioners to register with our parish. Please register online at our website: www.sacredheartparish.ca or find a registration form at the back of the church. If you have moved, have a new phone number or email address please let us know by contacting the parish office. Thank you.

Sacred Heart Parish acknowledges that the land on which we gather is the traditional territories of the sc̓w̓aʔən (Tsawwassen) and xʷməkʷəy̓əm (Musqueam) First Nations and speakers of the hən̓q̓əmin̓əmʷ (Hun'qumi'num) language who have been stewards of this land since time immemorial.

Happy Birthday and God's blessing to Peggy Cotter on her 96th birthday. Peggy will celebrate her birthday on Feb. 22nd.



Blessed Palms: Because the Palms have been blessed by a priest and therefore are holy objects, the palm branches used for Palm Sunday, should not be disposed of in the regular fashion. Once an object is

blessed, it is considered to be in the service of God and should be treated with respect. You are invited to bring your palms back to the church where Fr. will burn them to be used for future Ash Wednesday's. You may drop them in the box in the foyer of the church or chapel or bring them to the parish office.

Sunday, Feb. 18th

Pancake Breakfast

Sunday, Feb 18th
following the
9am and 11am
Masses

Join us in our parish hall.
By donation,
cash only please.

Hosted by our
Knights of Columbus

Pancake Breakfast today.

We hope you can join us.

Second Collection today for St. Joseph's Society

This Sunday's second collection supports our Archdiocesan retired priests who have dedicated their entire life to the Church. Generous support from the community ensures a comfortable living environment, quality medical care, and other essential services for our retired priests. Thank you for your generosity.

No Liturgy of the Word with Children this Sunday, Feb 18th due to the long weekend.

Monday, February 19th

The Parish Office will be closed today

For Family Day

Tuesday, Feb. 20th

PREP (Parish Religious Education Program) All children (K-Gr7) are welcome to join our Tuesday night catechism classes from 6:15-7:30pm in the school. This week we are focusing on Alms-giving for Lent, and invite PREP families to please bring food items to give to those in need. Contact Erin at 604.946.2618 or eseddon@shsdelta.org

Wednesday, Feb 21

Our Grief Support Group will meet tonight in the Church. For more information, please contact Irene at: faithdevelopment@shsdelta.org

Everyone is invited to join our **Mother of Perpetual Help Novena & Devotion group**. We will meet in the Chapel at 6pm. For more information, please contact: Melanie at: devotionministry@shshdelta.org

1st Communion Parent Meeting #3 – Bread for the Journey 7-8:30pm, Wednesday, February 21. Presenting: via Zoom. This is our final meeting of our 3-part series. Contact Erin for more information at 604.946.2618 or eseddon@shsdelta.org

Thursday, Feb 22nd

All ladies are invited to join us for Craft Nights every Thursday. We are making items for our Christmas Market. No experience needed. Come and join in the fun. Craft Room of the parish hall at 7pm. For more information please contact: saintmonicaguild@shsdelta.org

Stations of the Cross

Friday evenings throughout
Lent
in the Church
Starting at 7:00pm



Saturday, March 2nd

5pm Mass – Please join us as our Children’s choir will sing and we will have students from our school be the Proclaimers of the Word and ushers/greeters at this Mass.

VARIA

Join us for our Newest Bible Study “Eternal Rest” from the platform FORMED facilitated via Zoom from March 05 27/24 – March 26/24 (4 sessions). We will meet on Tuesdays from 12:00noon to 1:30pm PST and watch a short video followed by discussion. We all have very real questions about death. “Eternal Rest” explores the mystery of death, dying and everlasting life. It examines the origin of death, the afterlife and the sacrament that ushers us into eternal life. For more information, please contact Sue at jsteevie@telus.net

Volunteers Needed: Our Parish is in need of 2-3 volunteers once a month to join our group of money counters. Training provided. This is a morning time position. If you can assist with this, please contact the parish office for more information. Contact: 604-946-2611 or sacredheartparish@shsdelta.org

2023 Tax receipts will be mailed out starting February 21st. If you have children in our school, hardcopies will be available for pick up in the school office starting February 22nd.

Those who have opted to have them sent via email (request link below), the cutoff date to sign up is Monday February 19th. Please complete the attached if you wish to receive an email and have not already done so:

<https://forms.gle/rhoTFMeN92qyxzSt5>



Lil' Saints Early Learning Centre is now accepting new registration for the school year 2024-25. We are offering different flexible options, longer hours at affordable rates for the families. Please check our website at: <https://sacredheartparish.ca/schools/registration> for more information or contact Mylene Lock at: lil'saintspreschool@shsdelta.org or call: 604-551-0827 if you want to find out more information about our program.



Casting Call for Youth of our parish interested in joining this year's live presentation of the **Living Stations of the Cross** the morning of Good Friday, March 29th. If you are interested in acting or reading for this prayerful event, please contact Erin Seddon at 604.946.2618 or eseddon@shsdelta.org





Archdiocese of Vancouver

"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God..." -Mark 1:14

Have you ever thought about how difficult it must have been for Jesus to go to Galilee, knowing that John had just been arrested for teaching the same message that He was proclaiming. It took great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, living a stewardship lifestyle takes great love and trust from us. We must be willing to surrender completely to God, trusting that He will always give us all that we need to fulfill His plan for us.

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Fiat Women's Retreat

Discover where God is calling you to be present and available at our Fiat Women's Retreat.

Mary always made herself present and available while nurturing Jesus and accompanying the disciples before her Assumption into heaven. She is "the new beginning" of the vocation of women, exemplifying the richness of femininity. Join us in discovering where you are called to be present and available in your journey of femininity.

Open to all single women aged 18-35. The retreat is on March 8-10 at Carmel Hill in Deroche. Cost is \$200, with financial assistance available. **Registration deadline:**

Friday, March 1. Learn more and register via beholdvancouver.org/events.

Save the Date: Archdiocesan Mass for Civilly Married Couples

Are you married outside the Catholic Church? Would you like to regularize your union so you can receive the sacraments once again? Now, you have a great opportunity to make your dreams come true as Archbishop Miller, CSB, celebrates the Mass Wedding for civilly married couples. It will be a beautiful community celebration that will cost very little for the individual couples! For more information, please contact Deacon Raul Abella at rabella@rcav.org or 778-512-9163.

Registration Deadline: Sunday, July 21

Save the Date: Saturday, September 21, 1:30 p.m. at St. Paul's Parish in Richmond

The Most Holy Eucharist: Gift and Sacrament

Join this Lenten Parish Mission with Father Wade Menezes, CPM. Mission topics include:

- The Eucharist as Foreshadowed Both in the Old and New Testaments
- The Church Fathers on Eucharistic Doctrine
- Rekindling Eucharistic Amazement: The Saints and the Eucharist
- The 'Most Blessed' of the Seven Sacraments

On Monday, February 19, until Thursday, February 22, from 7:00 p.m. to 8:00 p.m. at Sts. Peter & Paul in Vancouver. There will also be time for Confession before the mission talks. Learn more via beholdvancouver.org/events.

Parish Council for Sacred Heart Parish

Our pastor, Fr. Francis Galvan is pleased to introduce to you your 2023-2024 Parish Council. Along with the mandate to uphold the pastoral initiatives of the Parish, each person on this committee is involved in various ministries. We welcome all comments, questions, and volunteers to reach us at: sacredheartparish@shsdelta.org

Monique Cassidy – Chair, Parish Council Parish Renewal Ministry

It is our mission to bring more people to a deeper relationship with Jesus through the eucharist. As a parish council we will work together and through our ministries to bring the light of Christ into our parish and our community.

Melanie deSouza - Secretary

Serves the Sacred Heart Parish community by providing any required administrative support to the Parish Council team, as they work with the Pastor to implement the Parish Pastoral Plan.

Jim Leong – Site Operations

Provides oversight, third party governance, independent overview of building projects, and major acquisitions. This ministry provides management, policies, and guidance for the parish ushers, CPR/AED safety, and any other duties as directed by Fr. Francis and the Parish Council.

Patrick Kennedy - Worship Ministry

This ministry schedules Extra-Ordinary Ministers of Communion and Proclaimers of the Word. In addition, this ministry schedules and provides training of adult and junior altar servers, for mass and special circumstances.

Irene Coschizza - Bereavement Ministry

This ministry provides support and love to the bereaved in or parish and community.

Diana Villalba - Migrant Worker Ministry

The migrant worker ministry at Sacred Heart Parish provides support for temporary farm workers from Hispanic countries, through religious activities, transportation, dinners and bicycles.

Daniel Wilkinson - Community Outreach

Community Outreach collects and distributes food donations, provides toys and non-perishable food items for Christmas hampers through the Christmas Angel Tree program.

Janine Harms - St. Monica Guild

St. Monica Guild's mission is to promote personal growth for the women of Sacred Heart Parish by enriching our spiritual and social lives.

John Upston -The Knights of Columbus

The Knights of Columbus is a fraternal group of men dedicated to the development and establishment of various charitable programs and projects in the Parish and Community.

Nora Pasco - PEWS Ministry (Parish and Social Engagement Wellness and Support)

This ministries mission is to increase engagement, and a sense of community as Catholics as well as providing support for Seniors.

Melanie Diguangco - Our Lady Of Perpetual Help Novena

The purpose of the Mother of Perpetual Help Novena is not just to bring our needs and aspirations to God through our prayers to our Mother of Perpetual Help, but to let Mary bring us to Jesus.

Jovyl Kumar - Youth and Young Adult Ministry

This ministry will provide a space for the youth and young adults of our parish to create connections and deepen their faith.

**NEW
NEW
NEW
NEW**

**SHP IS NOW ACCEPTING
DONATIONS VIA
E-TRANSFER**

E-transfer donations may be sent to sacredheartparish@shsdelta.org however to ensure you receive a tax receipt for your donation it is essential that you include in the memo:

- 1. full first & last name**
- 2. phone number & address**
- 3. area you would like donation issued to (offertory, second collection, project advance,etc.)**



**WE THANK YOU
FOR YOUR
*generosity***

The Fast Life

**Fast from judging others;
Feast on Christ dwelling in them.**

**Fast from fear of illness;
Feast on the healing power of God.**

**Fast from words that pollute;
Feast on speech that purifies.**

**Fast from discontent;
Feast on gratitude.**

**Fast from anger;
Feast on patience.**

**Fast from pessimism;
Feast on hope.**

**Fast from negatives;
Feast on encouragement.**

**Fast from bitterness;
Feast on forgiveness.**

**Fast from self-concern;
Feast on compassion.**

**Fast from suspicion;
Feast on truth.**

**Fast from gossip;
Feast on purposeful silence.**

**Fast from problems that overwhelm;
Feast on prayer that sustains.**

**Fast from anxiety;
Feast on faith.**

- Author Unknown