

Sacred Heart Catholic Church



3900 Arthur Drive, P. O. Box 10, Delta, B.C. V4K 3N5

Telephone: 604-946-4522

Email: sacredheartparish@shsdelta.org

Facebook: Sacred Heart Delta

Roman Catholic Archdiocese of Vancouver

604-683-0281 Website: <https://rcav.org/>

Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor

Fr. Michael Martell, OSA



Daily Mass in the Chapel
Monday to Saturday at 9:00am

Sunday Mass Schedule (Church)
Saturday (Anticipated) at 5pm
Sunday at 9am and 11am and 5pm

Chapel open Mon-Sat for private prayer
(Closed Sunday and holidays)
Mon- Fri 8am to 4:30pm - Saturday 8am – 3pm

Spanish Mass
First Saturday of the Month at 7:30pm (Church)

Confession
Saturday 10am-11am (Chapel)

Parish Office Hours
Monday to Friday 9am to 4pm.
Closed on all statutory holidays.
Closed for lunch from 12-12:30

Baptisms
Last Sunday of the month. Please contact the parish office to register and for information.

Marriages
Couples should contact the parish office at least six months in advance of their date.

Funerals
Please call the parish office to inquire about the processes for arrangements.

Sunday, February 11, 2024

**6th Sunday in Ordinary Time
World day of the Sick.**

**“If you choose, you can make me clean.”
Mark 1.40-45**

**ASH
WEDNESDAY**

FEBRUARY 14TH



MASS SCHEDULE

9:15AM

7:00PM

IN OUR MAIN CHURCH

*Remember that you are dust
and to dust you shall return.*

Parish Contacts

Doug Lynes	Financial Manager	604-940-0583
Anna Melara	Parish Bookkeeper	604-946-4522
Sean Doolan	Maintenance	sdoolan@shsdelta.org
Erin Seddon	PREP	604-946-2618
Kelly Kozack	School Principal	604-946-2611
Mylene Lock	Preschool	604-946-4525

Our school children will have Ash Wednesday Mass at 11am in the church. Everyone is welcome.

Sunday Reflection: Do everything for the glory of God. Paul's words are both commanding and encouraging. As Christians, whatever we do ought to reflect who we are: children of the Most High God, adopted sons and daughters of the Lord. We are sisters and brothers of Christ, and our very identity should permeate all we say and do. We are encouraged in this endeavor, and aided by grace, so that we can glorify God for his sake, and for the sake of the world's salvation. **LITURGY OF THE WORD** The first reading regulates procedures for dealing with people with skin disease. They are denounced unclean and must live alone. Paul calls the Corinthians to give glory to God in everything they do. In the Gospel, Jesus is moved with pity for a man with leprosy. Jesus touches the man, and he is made clean. *Faith Catholic.*

A WARM WELCOME to all new parishioners, visitors and the faithful to our Parish Community! We invite new parishioners to register with our parish. Please register online at our website: www.sacredheartparish.ca or find a registration form at the back of the church. If you have moved, have a new phone number or email address please let us know by contacting the parish office. Thank you.

Sacred Heart Parish acknowledges that the land on which we gather is the traditional territories of the sc̓wáᑭən (Tsawwassen) and x̓məᑭ'əyəm (Musqueam) First Nations and speakers of the hən̓q̓əmin̓əm' (Hun'qumi'num) language who have been stewards of this land since time immemorial.



Blessed Palms: Because the Palms have been blessed by a priest and therefore are holy objects, the palm branches used for Palm Sunday, should not be disposed of in the regular fashion. Once an object

is blessed, it is considered to be in the service of God and should be treated with respect. You are invited to bring your palms back to the church where Fr. will burn them to be used for Ash Wednesday. You may drop them in the box in the foyer of the church or chapel or bring them to the parish office.

Baptisms -Sunday, Feb 11th

Austin Richard, son of Nathen and Jessica Kuriyama.

Niqa Leigh and Xavi Matisse, children of +Nicole Samson. (Grandchildren of Ann-Marie and Steve Wasylyk).

Congratulations and God's Blessings

Monday, February 12th

Senior Altar Servers Training Session will be held at 5pm in our Church. If you wish to join this ministry, please contact Shannon or Patrick at altarservers@shsdelta.org for more information. Newcomers are most welcome.

Tuesday, Feb 13th

The parish office will be open from 1-4pm today.

PREP (Parish Religious Education Program) All children (K-Gr7) are welcome to join our Tuesday night catechism classes from 6:15-7:30pm in the school. For more information, contact Erin at 604.946.2618 or eseddon@shsdelta.org

Wednesday, Feb 14

Parish office will open at 10:30 today.

Our Grief Support Group will be canceled on February 14 due to the Ash Wednesday Mass. We will resume on February 21 the following week. For more information, please contact Irene at: faithdevelopment@shsdelta.org



ASH WEDNESDAY: Everyone is invited to join our Mother of Perpetual Help Novena & Devotion group. We will meet in the Church at 6pm - If you would like more information, please contact: Melanie at:

devotionministry@shshdelta.org

Sunday, February 18th

Thursday, Feb.15 and Friday, Feb 16th



No school as our teachers will be attending the Catholic Educators Conference which is held each year to provide opportunity for the spiritual and professional growth of our Catholic educators, for the development of Christian community, and to provide leadership in the development of a dynamic, evangelistic school system.

Please keep our administrators, teachers, and support staff in your prayers.

Friday, Feb 16th

Stations of the Cross

Friday evenings throughout

Lent

in the Church

Starting at 7:00pm



We adore you, O Christ, and we bless you because by your holy cross you have redeemed the world. Be you imitators of Christ and walk in love, as Christ loved us and delivered himself up for us. May God have pity on us and bless us, may he let his face to shine upon us. Lord Jesus crucified, have mercy on us. Amen



Pancake Breakfast

Sunday, Feb 18th
following the
9am and 11am
Masses

Join us in our parish hall.
By donation,
cash only please.

Hosted by our
Knights of Columbus

Second Collection today for St. Joseph's Society

Your support helps priests in their retirement years as well as infirm priests of the Archdiocese of Vancouver. Thank you for your generosity.

No Liturgy of the Word with Children this Sunday, Feb 18th due to the long weekend.

Monday, Feb 19th

Family Day - Our parish office will be closed today.

VARIA

Volunteers Needed: Our Parish is in need of 2-3 volunteers once a month to join our group of money counters. Training provided. This is a morning time position. If you can assist with this, please contact the parish office for more information. Contact: 604-946-2611 or sacredheartparish@shsdelta.org

In anticipation of the 2023 Tax Receipts being ready mid-February, we are pleased to offer the option to receive by email for those interested. Please complete the attached google form.

https://docs.google.com/forms/d/e/1FAIpQLSdYZx5mVbkmGpqbM_dOvy5eLs-pi8ow0BUWndWw4Cw4A_l29w/viewform?usp=sf_link





Lil' Saints Early Learning Centre is now accepting new registration for the school year 2024-25. We are offering different flexible options, longer hours at affordable rates for the families.

Please check our website at: <https://sacredheartparish.ca/schools/registration> for more information or contact Mylene Lock at: lil'saintspreschool@shsdelta.org or call: 604-551-0827 if you want to find out more information about our program.



Archdiocese of Vancouver

"Brothers and sisters, whether you eat or drink, or whatever you do, do everything for the glory of God." -1 Corinthians 10:31

Do a quick check of your priorities. Where does God rank in that list? If He's not first, you have some work to do. Putting God first in everything helps us from putting other "gods" (like our pride, ego, money and possessions) before God. Before making a decision, ask yourself, "Am I doing this for the glory of God or for the glory of me?"

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Assembly of Western Canada Bishops Mass

The Western Bishops of Canada will be celebrating Mass on Tuesday, February 20, at Saint Paul's Parish in Richmond. Mass will begin at 5:00 p.m. All are welcome to attend.

Fiat Women's Retreat

Discover where God is calling you to be present and available at our Fiat Women's Retreat.

Mary always made herself present and available while nurturing Jesus and accompanying the disciples before her Assumption into heaven. She is "the new beginning" of the vocation of women, exemplifying the richness of femininity. Join us in discovering where you are called to be present and available in your journey of femininity.

Open to all single women aged 18-35. The retreat is on March 8-10 at Carmel Hill in Deroche. Cost is \$200, with financial assistance available. **Registration deadline: Friday, March 1.** Learn more and register via beholdvancouver.org/events.

Fast and abstain on upcoming holy days - The Church prescribes fasting (only one full meal and two smaller meals which together are not greater than a full meal) and abstinence from meat on Ash Wednesday and Good Friday. Catholics aged 18-59 are bound to fast; those 14 and older to abstinence. Those who are ill are freed from these obligations. Everyone, even those above the age of 59, are encouraged to fast and abstain. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance. **S.29 of Canada's liturgical calendar, the Ordo, specifies that Fridays are special days of abstinence. This includes Fridays of Lent, although Catholics can substitute special acts of charity or piety on these days.** (RCAF)

Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open to prayer, to share more in the suffering of those who are starving and to save money to give to the poor. Fasting is a penitential discipline intended to open our hearts to God and others, a means of purification and spiritual liberation, a witness of the depth of our faith.

Together for Good Marriage Workshop

February 06, 2024

One day could change your marriage! Thousands of couples across Canada have dedicated one day to building a marriage that stays together for good.

In partnership with FamilyLife Canada, we are offering the Together for Good Marriage Workshop that will give you tools, exercises and guided conversations to help you and your partner grow a healthier, more joy-filled and resilient marriage.

Each session will help you move past differences and drift to a place of greater closeness and trust. You'll strengthen your relationship in the important areas of communication, conflict, sex and spirituality. Discover how incredibly good marriage can be — for you, your family and your community.

On Saturday, March 2, from 9:30 a.m. to 4:00 p.m. at Corpus Christi Parish in Vancouver. Cost is \$60 per couple. **Registration deadline: Monday, February 19.** Learn more and register via beholdvancouver.org/events.

Pro-Life Mass and Prayer Vigil

Join us for a monthly Mass and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, it takes place on the first Saturday of each month at 9:00 a.m. (8:30 a.m. in April). The Mass is followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome!

The next Mass and vigil takes place on March 2 at Guardian Angels Parish in Vancouver. Learn more at beholdvancouver.org/events.

Archbishop Miller's Lunar New Year Message

Dear Brothers and Sisters in Christ:

As we welcome the Lunar Year of the Dragon, I extend my warmest greetings and heartfelt prayers to all those celebrating this auspicious occasion. The Lunar New Year is a time of joy and renewal deeply rooted in the rich traditions of Asian cultures. It offers a unique opportunity to reflect on the blessings of the past year and to look forward with hope to the year ahead.

The Christian tradition likewise emphasizes the need for personal renewal and transformation. The dragon, a symbol of strength and good fortune in many Asian countries, can remind us that we are called to embody courageous strength in our spiritual lives. Just as the dragon is considered a protector, we too should be guardians of our faith, upholding truth, compassion and justice in our lives.

This year, as we celebrate the Year of the Dragon, let us remember the importance of community and family, values that are cherished both in Asian cultures and in our Catholic faith. Let us also seek to build bridges of understanding and solidarity across different cultures, recognizing the beauty and wisdom that each tradition brings to our shared human experience.

As you gather with family and friends to celebrate the Lunar Year of the Dragon, may you be blessed with good health, peace, and joy in the Lord. May this new year be filled with God's grace, guiding you to embrace greater love of neighbour, understanding and harmony in our troubled world.

With cordial greetings and invoking the Lord's blessing upon you and your families, I remain

Sincerely yours in Christ,

✠ J. Michael Miller, CSB
Archbishop of Vancouver

Pope Francis: Lent is a time of conversion and freedom.

In his message for Lent 2024, Pope Francis invites the faithful to “pause” for prayer and to assist our brothers and sisters in need, in order to change our own lives and the lives of our communities.

“When our God reveals Himself, His message is always one of freedom,” Pope Francis says in the opening of his [Message to the faithful for Lent 2024](#).

Recalling the Exodus of the Hebrew people from Egypt, the Holy Father explains that our journey through the desert can be a season of grace – not an abstract journey, but a concrete path that involves seeing the world as it is and hearing the cries of our oppressed brothers and sisters.

Countering a globalization of indifference

The Pope insisted on the need to counter a “globalization of indifference.”

“Our Lenten journey will be concrete if... we realize that even today we remain under the rule of Pharaoh. A rule that makes us weary and indifferent. A model of growth that divides us and robs us of our future.”

At the same time, Pope Francis reminded us that it is God who takes the initiative. Too often, he said, there remains within us “an inexplicable longing for slavery,” a desire to cling to idols that paralyze us, as Israel was paralyzed in the desert.

Lent, however, is a “season of grace, a time of conversion,” where the desert can become “a place where our freedom can mature in a personal decision not to fall back into slavery,” where “we find new criteria of justice and a community with which we can press forward on a road not yet taken.”

Pausing for prayer and to help our neighbour

He added that the Lenten journey involves a struggle. It is a time for action, the Pope said, but also a time “to pause” – to pause in prayer and to pause “in the presence of a wounded brother or sister.”

“Love of God and love of neighbour are one love,” Pope Francis continued, explaining that “the contemplative dimension” of Lent can help us “release new energies,” to be “more sensitive to one another: in the place of threats and enemies, we discover companions and fellow travelers.”

'A flash of new hope'

Pope Francis concluded his Lenten message on a hopeful note: “To the extent that this Lent becomes a time of conversion, an anxious humanity will notice a burst of creativity, a flash of new hope.”

Calling on the faithful to “be ready to take risks,” he invited them “to find the courage to see our world, not as in its death throes, but in a process of giving birth; not at the end, but at the beginning of a great new chapter of history.”

“Faith and charity,” he said, “take hope, this small child, by the hand. They teach her to walk, and at the same time, she leads them forward.”

By Christopher Wells- Vatican News

<https://www.vatican.va/content/francesco/en/events/event.dir.html/content/vaticanevents/en/2024/2/1/messaggio-quaresima2024.html>