

Sacred Heart Catholic Church



3900 Arthur Drive, P. O. Box 10, Delta, B.C. V4K 3N5

Telephone: 604-946-4522

Email: sacredheartparish@shsdelta.org

Facebook: Sacred Heart Delta

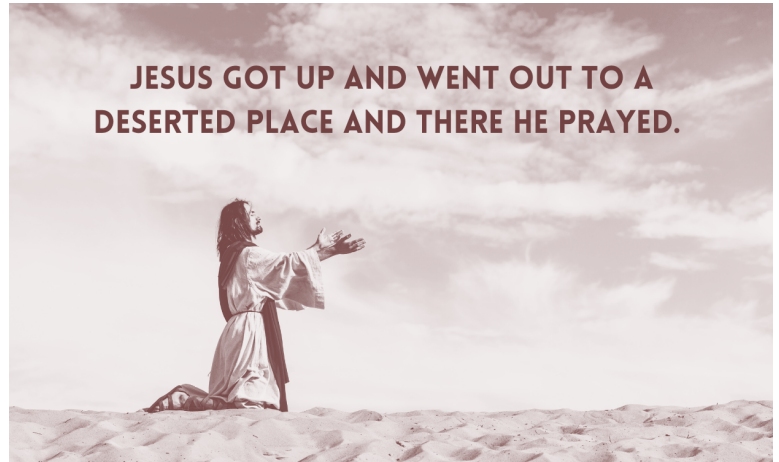
Roman Catholic Archdiocese of Vancouver

604-683-0281 Website: <https://rcav.org/>

Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor

Fr. Michael Martell, OSA



**JESUS GOT UP AND WENT OUT TO A
DESERTED PLACE AND THERE HE PRAYED.**

Daily Mass in the Chapel
Monday to Saturday at 9:00am

Sunday Mass Schedule (Church)
Saturday (Anticipated) at 5pm
Sunday at 9am and 11am and 5pm

Chapel open Mon-Sat for private prayer
(Closed Sunday and holidays)
Mon- Fri 8am to 4:30pm - Saturday 8am – 3pm

Spanish Mass
First Saturday of the Month at 7:30pm (Church)

Confession
Saturday 10am-11am (Chapel)

Parish Office Hours
Monday to Friday 9am to 4pm.
Closed on all statutory holidays.
Closed for lunch from 12-12:30

Baptisms
Last Sunday of the month. Please contact the parish office to register and for information.

Marriages
Couples should contact the parish office at least six months in advance of their date.

Funerals
Please call the parish office to inquire about the processes for arrangements.

Sunday, February 4, 2024
5th Sunday in Ordinary Time

“Everyone is searching for you.”

Mark 1.29-39

Sunday Reflection: Jesus, the Word of God, came for all the world. Jesus came not just for those he encountered in person but for the salvation of the whole world. As his earthly ministry touched the lives of many people, so does his Word spread to all the earth. He brings healing to those in despair by offering the hope of the kingdom of God. LITURGY OF THE WORD In the first reading, Job speaks of living in misery. Paul, in his Letter to the Corinthians, tells them he has an obligation to preach the Good News of the Gospel. In the Gospel, Jesus drives out demons and heals Simon’s mother-in-law, and then goes on healing and preaching *throughout the whole of Galilee. Faith Catholic.*

Parish Contacts

Doug Lynes	Financial Manager	604-940-0583
Anna Melara	Parish Bookkeeper	604-946-4522
Sean Doolan	Maintenance	sdoolan@shsdelta.org
Erin Seddon	PREP	604-946-2618
Kelly Kozack	School Principal	604-946-2611
Mylene Lock	Preschool	604-946-4525

A WARM WELCOME to all new parishioners, visitors and the faithful to our Parish Community! We invite new parishioners to register with our parish. Please register online at our website: www.sacredheartparish.ca or find a registration form at the back of the church. If you have moved, have a new phone number or email address please let us know by contacting the parish office. Thank you.

Sacred Heart Parish acknowledges that the land on which we gather is the traditional territories of the sc̓wàᑭ̓n (Tsawwassen) and x̓m̓əᑭ̓'əy̓əm (Musqueam) First Nations and speakers of the hən̓q̓əmin̓əm' (Hun'qumi'num) language who have been stewards of this land since time immemorial.

We ask God to bless Carly and Fraser Farlow on the recent celebration of their Sacrament of Marriage in our Chapel on Monday, January 29th.

Congratulations



Sunday, February 4th

We will have our monthly food collection of non-perishable, non-expired food items this weekend. Thank you for your generosity. Please place your items in the boxes provided in the foyer of the Church.



We will have a second collection this weekend for the **B.C. Catholic Newspaper**. This annual collection helps offset the parish's

cost of sending newspaper to parishioner's homes. If you wish to receive the BC Catholic, please indicate that on your envelope. A suggested donation amount is \$20.00. If you wish to go **green** and want to receive/switch over your newspaper digitally, please let us know. We would be happy to facilitate that for you.

Monday, February 5th.



St. Monica Guild invites all ladies of the parish to their meeting on Monday, Feb. 5th. This is a wonderful opportunity for the women of our parish to meet each other. Come out to see what we are all about. Join us for refreshments and friendship. For more information email: saintmonicaguild@shsdelta.org

Venue: Meeting room in the parish hall.

Time: 7:00pm

Tuesday, Feb. 6

PREP (Parish Religious Education Program) All children (K-Gr7) are welcome to join our Tuesday night catechism classes from 6:15-7:30pm in the school. For more information, contact Erin at 604.946.2618 or eseddon@shsdelta.org

Wednesday, Feb 7

Our Grief Support Group - Season of Hope- meets on Wednesday nights in our Church at 7pm. For more information please contact Irene at: faithdevelopment@shsdelta.org



Everyone is invited to join our **Mother of Perpetual Help Novena & Devotion group** here at our parish. We meet every Wednesday at 6:00pm in our Chapel. If you would like more information please

contact: Melanie at: devotionministry@shshdelta.org

1st Communion Parent Meeting #2 - the Story of the Eucharist 7-8:30pm, Wednesday, February 7. Presenting: via Zoom. The 3rd & final meeting - "Bread for the Journey", is set for Wednesday, February 21st from 7-8:30pm via Zoom conference. Contact Erin for more information at 604.946.2618 or eseddon@shsdelta.org

Thursday, Feb. 8



All ladies of the parish are invited to join us for Craft Night on Thursdays in our parish hall (craft room) We are making crafts for our upcoming Christmas Market. No experience needed. Come join the fun! For more information contact Joan at saintmonicaguild@shsdelta.org.

Friday, February 9th

Into the Heart – SHP Confirmation Retreat - Friday, February 9 (5-9pm), at SHS for youth of our parish preparing for Confirmation. Contact Erin at 604.946.2618 eseddon@shsdelta.org



Sacred Heart School News

We are very excited to host our annual Open House/Celebrate Our School on Thursday, February 8. Please come join other families from our parish and celebrate our school and faith community. New families are welcome to see what our Catholic school is all about. Looking forward to a great night of delicious pasta and the DJ Dance Party. Please see the attached flyer for more information and the dinner order form. School office: 604-946-2611.



**ASH
WEDNESDAY**

FEBRUARY 14TH



MASS SCHEDULE

9:15AM

7:00PM

IN OUR MAIN CHURCH

*Remember that you are dust
and to dust you shall return.*

Fast and abstain on upcoming holy days - The Church prescribes fasting (only one full meal and two smaller meals which together are not greater than a full meal) and abstinence from meat on Ash Wednesday and Good Friday. Catholics aged 18-59 are bound to fast; those 14 and older to abstinence. Those who are ill are freed from these obligations. Everyone, even those above the age of 59, are encouraged to fast and abstain. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance. **S.29 of Canada's liturgical calendar, the Ordo, specifies that Fridays are special days of abstinence. This includes Fridays of Lent, although Catholics can substitute special acts of charity or piety on these days.** (RCAV)

Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open to prayer, to share more in the suffering of those who are starving and to save money to give to the poor. Fasting is a penitential discipline intended to open our hearts to God and others, a means of purification and spiritual liberation, a witness of the depth of our faith.

Stations of the Cross

Friday evenings throughout
Lent in our Church

Starting at 7:00pm



Archdiocese
of Vancouver

"Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, 'Let us go on to the nearby villages that I may preach there also. For this purpose have I come.'" - Mark 1:35, 38 In today's Gospel reading we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus takes time to be alone with God in prayer. It is through prayer, spending time with God, that we are given the graces needed to do what He wishes us to do. Praying before acting is a great habit to develop. Copyright © 2024 Archdiocese of St. Louis

Pastoral Letter on the Use of Social Media

The Canadian Conference of Catholic Bishops (CCCCB) has released its Pastoral Letter on the use of social media titled: *"Let Your Speech Always Be Gracious."*

Acknowledging the prominent role social media has come to play at an individual and societal level, this timely Pastoral Letter considers the benefits and dangers of social media from the perspective of Catholic Social Teaching. It provides tools for moral reflection and self-examination, and suggests seven commitments by which to be guided for a more ethical use of social media. The Pastoral Letter can be accessed and shared via rcav.org/announcements.

We have a few no name envelopes for 2024. If this number belongs to you and you wish a tax receipt for your donations, please let the parish office know who you are: 42, 207, 263, 477.

Thank you.

*Most commit the same mistake
with God that they do with their
friends: they do all the talking.*

Bishop Fulton Sheen

Monthly Sunday Collection Report

Year To Date Up to January 28th, 2024

	Actual	Target	Variance
Year to Date	\$56,747	\$50,876	\$5,872

**Thank you for your continued support of
the parish – it is greatly appreciated.**

Choir Schedule for February 2024

	Sat at 5	Sun at 9am	Sun at 11am	Sun at 5pm
Feb 3-4	Children's Choir	Organ	Salmo	Organ
Feb 10-11	Piano	Organ	Mosaics	Organ
Feb 17-18	Piano	Organ	Hymn Provs	Organ
Feb 24-25	Piano	Organ	Cornerstone	Organ



“Celebrate Our Catholic School”

We are a Faith-based Parish Community

Sacred Heart OPEN HOUSE

Thursday, February 8, 2024

All SHS Families and Guests – We Invite You!

Thursday Feb 8
6:00 pm-8:30 pm

On Thursday, February 8th, Sacred Heart School is hosting our Annual “Celebrate Our Catholic School” Event in conjunction with our Open House.

The goal of the evening is to invite all our current families to enjoy and celebrate our amazing school and welcome our children to show off their hard work.

It is also an opportunity for parents to invite friends and family members for an evening of enjoyment and fun.

In addition, we would love for you to refer new families to our school.

Dinner & Dance Kid-Style!!

Put away your pots and pans and drop in for a pasta dinner between 6:00 p.m. and 7:00 p.m.

Why should only the parents get to dance and have fun! Join in for some dancing after dinner.



Do you know
families with 3
or 4 year olds?

Lil' Saints Preschool is now accepting new applications. Please visit us on the web for more information.

<https://shsdelta.ca/index.php/about-shs/lil-saints-preschool>

We are selling Spirit Wear! Be sure to bring cash or cheque if you would like to order!

Evening Events:

Drop In Dinner
between 6-7 pm
\$5/person

DJ Dance for the Kids
(Parents Welcome!)

Enjoy music by the DJ

Visit and tour the classrooms – your students, and next years classrooms

Invite Friends, Family
& Prospective Families!



Join us for dinner!
\$5.00/person.
Please fill out & return
your order form.

Special points to remember:

Return your dinner order form
by February 5

Invite friends and families.

Put on your dancing shoes.

Celebrate our school by
attending!





**SECOND COLLECTION
SUNDAY, FEB. 4TH
FOR THE B.C. CATHOLIC NEWSPAPER**

**YOUR DONATION HELPS SUPPORT
OUR PARISH DISTRIBUTE THE NEWSPAPER TO
PARISHIONERS HOMES!**

THANK YOU FOR YOUR GENEROSITY.