

Sacred Heart Catholic Church



3900 Arthur Drive, P. O. Box 10, Delta, B.C. V4K 3N5

Telephone: 604-946-4522

Email: sacredheartparish@shsdelta.org

Facebook: Sacred Heart Delta

Roman Catholic Archdiocese of Vancouver

604-683-0281 Website: <https://rcav.org/>

Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor

Fr. Michael Martell, OSA



Daily Mass in the Chapel
Monday to Saturday at 9:00am

Sunday Mass Schedule (Church)
Saturday (Anticipated) at 5pm
Sunday at 9am and 11am and 5pm

Chapel open Mon-Sat for private prayer
(Closed Sunday and holidays)
Mon- Fri 8am to 4:30pm - Saturday 8am – 3pm

Spanish Mass
First Saturday of the Month at 7:30pm (Church)

Confession
Saturday 10am-11am (Chapel)

Parish Office Hours
Monday to Friday 9am to 4pm.
Closed on all statutory holidays.
Closed for lunch from 12-12:30

Baptisms
Last Sunday of the month. Please contact the parish office to register and for information.

Marriages
Couples should contact the parish office at least six months in advance of their date.

Funerals
Please call the parish office to inquire about the processes for arrangements.

Sunday, January 28th, 2024
4th Sunday in Ordinary Time

Brothers and sisters,
I want you to be free from anxieties.
1 Corinthians 7.32-35

Sunday Reflection: Jesus taught as one having authority – having power of his own. When Jesus speaks or teaches, his words have power – for example in today’s Gospel by driving out demons. In our lives, Jesus can free us from anxiety and bring us into union with the Father in the kingdom to come. Unlike all the preceding prophets, Jesus does not simply convey God’s word and commands, he *is* God’s word in the flesh. His power derives from the Father, for he and the Father are one. **LITURGY OF THE WORD** In the first reading, Moses says God will raise up a new prophet who will speak the words of God. In the second reading, Paul contrasts the divided loyalties of married people with those who are unmarried and have only the desire to please the Lord. In the Gospel, Jesus commands an unclean spirit to be quiet and come out of a man in the synagogue. ***Faith Catholic.***

Parish Contacts

Doug Lynes	Financial Manager	604-940-0583
Anna Melara	Parish Bookkeeper	604-946-4522
Sean Doolan	Maintenance	sdoolan@shsdelta.org
Erin Seddon	PREP	604-946-2618
Kelly Kozack	School Principal	604-946-2611
Mylene Lock	Preschool	604-946-4525

A WARM WELCOME to all new parishioners, visitors and the faithful to our Parish Community! We invite new parishioners to register with our parish. Please register online at our website: www.sacredheartparish.ca or find a registration form at the back of the church. If you have moved, have a new phone number or email address please let us know by contacting the parish office. Thank you.

Sacred Heart Parish acknowledges that the land on which we gather is the traditional territories of the sc̓wáw̓ən (Tsawwassen) and x̓m̓ə̀k̓ʷáγəm (Musqueam) First Nations and speakers of the hən̓q̓əmin̓əm' (Hun'qumi'num) language who have been stewards of this land since time immemorial.

Friday, February 2nd

All-day Adoration of the Most Blessed Sacrament

will be today following our morning Mass in the Chapel. There will be Benediction at 4:00pm. Everyone is warmly welcomed to spend quiet time in prayer and private devotion.

Saturday, February 3rd

Spanish Mass and Dinner for our local Migrant Farm Workers will be tonight, Saturday, Feb 3rd. We are always grateful to accept donations of fresh fruit (apples, oranges, grapes etc.) or baked goods (cookies, cupcakes, squares) for the dinner our volunteers serve to the workers. Please drop your items off between 3:30 and 6pm on the day of at the parish center kitchen. For more info, please email mwm@shsdelta.org. Thank you for your continued support of this important ministry.

Sunday, February 4th

Our **monthly food collection** of non-perishable, non-expired food items. Thank you for your generosity.

We will have a second collection the weekend of Feb 3/4 for the **B.C. Catholic Newspaper**. This collection will help to support the parish in its circulation of the official newspaper of the Archdiocese of Vancouver. This collection is retained by the parish to defray the parish costs of distribution. Thank you for your generosity.

Monday, February 5th

St. Monica Guild invites all ladies of the parish to their next meeting on Monday, Feb. 5th. This is a wonderful opportunity for the women of our parish to meet each other. Come out to see what we are all about. Join us for refreshments and friendship. More details in next week's bulletin of the evenings planned events. For more info email: saintmonicaguild@shsdelta.org **Venue:** Meeting room in the parish hall **Time:** 7:00pm



Death:



Rose Wong of our parish passed away on Saturday, Jan 20th at the age of 86 and her funeral Mass will be held on Tuesday, January 30th at 11am in our Church. We offer our deepest sympathy to her son Vince and entire family and pray for Rose's eternal rest in heaven.

+ + + + +

Tuesday, January 30th

PREP (Parish Religious Education Program) All children (K-Gr7) are welcome to join our Tuesday night catechism classes from 6:15-7:30pm in the school. For more information, contact Erin at 604.946.2618 or eseddon@shsdelta.org

Wednesday, Jan 31st

Our Grief Support Group - Season of Hope- meets on Wednesday nights in our Church at 7pm. For more information please contact Irene at: faithdevelopment@shsdelta.org



Everyone is invited to join our **Mother of Perpetual Help Novena & Devotion group** here at our parish. We meet every Wednesday at 6:00pm in our Chapel. If you would like more information please contact: Melanie

at: devotionministry@shsdelta.org

VARIA

1st Communion Parent Meeting #2 7-8:30pm, Wednesday, February 7. Presenting: The Story of the Eucharist (Augustine Institute) via Zoom. The 3rd & final meeting is set for Wednesdays, February 21st from 7-8:30pm via Zoom conference. Contact Erin for more information at 604.946.2618 or eseddon@shsdelta.org

Into the Heart – SHP Confirmation Retreat is set for Friday, February 9 (5-9pm), at SHS for Gr 7 Confirmands (candidates for Confirmation) of our parish. At this retreat there will be live music, games, dinner, prayer, a skit, testimonies and more! Contact Erin at 604.946.2618 eseddon@shsdelta.org



Sunday Missals are available to purchase for \$5.00 in the foyer of the church or parish office.

We have a few no name envelopes for 2024. If this number belongs to you and you wish a tax receipt for your donations, please let the parish office know who you are: 42, 76, 207, 263, 308, 477. Thank you.

Please join us for our online Bible Study group on Tuesdays from 12:00noon to 1:30pm. We watch a short video followed by discussion. For more information and registration, please contact Sue Steevie at jsteevie@telus.net or Nancy Tait at taitershome@gmail.com

Our St. Monica Guild has a group of dedicated ladies that pray for parishioner's requested intentions.

All are invited to send their prayer request to:
prayerline@shsdelta.org

If you wish to join this group of women to pray for others, please contact:
saintmonicaguild@shsdelta.org

ASH WEDNESDAY

FEBRUARY 14TH



MASS SCHEDULE

9:15AM

7:00PM

IN OUR MAIN CHURCH

*Remember that you are dust
and to dust you shall return.*



Stewardship Reflection

January 28, 2024 - 4th Sunday in Ordinary Time

"Brothers and sisters: I should like you to be free of anxieties." - 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.
Copyright © 2024 Archdiocese of St. Louis

Pro-Life Mass and Prayer Vigil

Join us for a monthly Mass and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, it takes place on the first Saturday of each month at 9:00 a.m. (8:30 a.m. in April). It begins with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome! The next Mass and vigil takes place on Saturday, February 3, 9:00 a.m. at Blessed Sacrament Parish in Vancouver. Learn more at beholdvancouver.org/events.

Star of the Sea Parish's Centenary Celebration Dinner & Concert featuring Fr. Rob Galea

Star of the Sea Parish is celebrating their centenary with a dinner and concert featuring Father Rob Galea, Psalm 98 Music Ministry, and the Star of the Sea Parish Choir.

Father Rob is an ordained Catholic priest currently serving in Sandhurst, Victoria in Australia. He is the founder and executive director of FRG Ministry, a charity organization that ministers to over 1,400,000 people each year across the world.

On Saturday, February 17, from 6:30 p.m. to 10:00 p.m. at Star of the Sea Parish Centre Hall in White Rock. Cost is \$35. **Registration deadline: Friday, February 9.** Register by calling the Star of the Sea Parish Office at [604-531-5739](tel:604-531-5739).

World Day of the Sick Mass

As the church marks the World Day of the Sick on February 11, the Catholic Health Association of BC encourages everyone to pray for those who suffer from illness and for their caregivers. Archbishop Miller, CSB, will celebrate Mass for World Day of the Sick on Saturday, February 10, at 11:00 a.m. at Our Lady of Sorrows Parish (555 Slocan St. Vancouver). Reception to follow. All are welcome! Pray with us on this day. To learn more, visit chabc.rcav.org/wds2024.

Together for Good Marriage Workshop

One day could change your marriage! Thousands of couples across Canada have dedicated one day to building a marriage that stays together for good.

In partnership with FamilyLife Canada, we are offering the Together for Good Marriage Workshop that will give you tools, exercises and guided conversations to help you and your partner grow a healthier, more joy-filled and resilient marriage.

Each session will help you move past differences and drift to a place of greater closeness and trust. You'll strengthen your relationship in the important areas of communication, conflict, sex and spirituality. Discover how incredibly good marriage can be — for you, your family and your community.

On Saturday, March 2, from 9:30 a.m. to 4:00 p.m. at Corpus Christi Parish in Vancouver. Cost is \$60 per couple. **Enjoy an early bird rate of \$50 per couple when you register by Friday, February 2.** Learn more and register via beholdvancouver.org/events.

Mercy From Age to Age: From Loneliness Toward a Culture of Encounter

You've probably heard of John Paul II's theology of the body. But have you heard of Pope Francis' theology of aging?

Pope Francis is convinced that the alliance between generations will save the human family. Come discuss and explore your role in promoting and living out this intergenerational solidarity. This workshop with Amanda Achtman and Nicole Scheidl will focus on the pope's catechesis that seeks inspiration in the Word of God on the meaning and value of old age.

On Tuesday, January 30, 7:00 p.m. at the John Paul II Pastoral Centre in Vancouver. Cost is \$5. Learn more and register via beholdvancouver.org/events.